



Colouring Activity

Colouring activities are a great way for children to develop fine motor skills and extend their levels of concentration. It's also a brilliant way to teach colour recognition.

You will need:

- Colouring materials
- Plastic table cloth or an old newspaper
- Colouring sheets

Set up an area where your child can reach all the materials. It's a good idea to cover the surface with newspaper or a plastic tablecloth. There are lots of different things that can be used for colouring. Some of them are listed below.



Coloured pencils

These make softer marks but are less messy!



Chalks

Chalks create a subtle pastel effect with lots of texture



Felt tipped pens

These give stronger colours, make sure they are washable!



Wax Crayons

The chunky shape of wax crayons are ideal for little hands to grasp



Younger children can enjoy mark making and use the images as a base to practice holding a pen or pencil.

Older children can express themselves with crazy patterns and colours, and challenge themselves to stay within the lines.

You can add another dimension to colouring by sticking glitter, sequins or coloured paper to your finished picture.

There are lots of colouring sheets for you to print out in the Orchard Toys activity section.

